

Please Check One

Transfer Student Athlete

Existing RRPS Student Athlete

**2009/2010
STUDENT ATHLETE ELIGIBILITY INFORMATION
NEEDED FOR NMAA
PHYSICAL *MUST* BE DATED AFTER 01-APRIL-2009**

Student Name: _____ Grade: _____

Sport (Please Circle):

VB	FB	GSOC	BSOC	BXC	GXC
GBB	BBB	GGLF	BGLF	BTR	GTR
GTN	BTN	Bb	Sb	WR	SW
CHEER	DANCE				

Parent Name: _____

Current Address: _____ Zip: _____

Phone #: _____

Siblings Attending RRPS

Name: _____ Grade: _____ School: _____

Name: _____ Grade: _____ School: _____

Name: _____ Grade: _____ School: _____

Documents Needed:

- Front & Back copy of your Athlete's Health Insurance Card
- A copy of your Athlete's most recent Report Card

FOR TRANSFER STUDENTS ONLY

School Transferred From: _____

School Address: _____ Zip: _____

School Phone #: _____

Proof of Residency Documents: (Need all 4)

- Utility Bill to support current residence
- Rental Lease/Mortgage Copy of former residence
- Rental Lease/Mortgage Copy of current residence
- Most Recent Transcript

**RETURN COMPLETED FORM AND DOCUMENTATION TO RRHS ATHLETIC OFFICE
RIO RANCHO ATHLETICS
PRE-PARTICIPATION PHYSICAL EXAMINATION**

NMAA REQUIRES physicals be taken after April 1st

QUESTIONNAIRE FOR ATHLETIC PARTICIPATION (Please Print)

NAME	MALE	FEMALE	DATE OF BIRTH	GRADE
HOME ADDRESS				PHONE #
PARENTS NAME	FAMILY PHYSICIAN			

SIGNATURE OF STUDENT _____

DATE _____

Student Athlete or Parent/Guardian to fill out #1-31 before exam. Parent/Guardian is required to sign on back of the form after examination.

HEALTH HISTORY

	YES	NO	Has this student had any?		YES	NO	Has this student had any?
1.	___	___	Chronic or recurrent illness?	12.	___	___	Illness lasting over a week?
2.	___	___	Hospitalization?	13.	___	___	Rheumatic fever?
3.	___	___	Surgery, other than tonsillectomy?	14.	___	___	Asthma?
4.	___	___	Missing organs (eye, kidney, testicle)?	15.	___	___	Epilepsy?
5.	___	___	Allergy to medications?	16.	___	___	Diabetes?
6.	___	___	Problems with heart or blood pressure?	17.	___	___	Eye glasses or contact lenses?
7.	___	___	Chest pain with exercise?	18.	___	___	Dental braces, bridges, or plates?
8.	___	___	Dizziness or fainting with exercise?		YES	NO	Is there a history of?
9.	___	___	Frequent headaches, convulsions, Dizziness of fainting?	19.	___	___	Injuries requiring medical Treatment
10.	___	___	Concussion or unconsciousness?	20.	___	___	Neck Injury?
11.	___	___	Heat Exhaustion, heat stroke, or other Heat problems?	21.	___	___	Knee Injury?
				22.	___	___	Knee Surgery?
				23.	___	___	Ankle Injury?
				24.	___	___	Other serious joint injury?
				25.	___	___	Broken Bones (fractures)
	YES	NO	Further History:				
26.	___	___	Is there any history of family or genetic disease?				
27.	___	___	Has any family member died suddenly at less than 40 years of age of causes other than accident?				
28.	___	___	Has any family member had a heart attack at less than 55 years of age?				
29.	___	___	Are you uncomfortably short of breath after running ½ mile (2 times around the track) without stopping?				
30.	List all medications you are presently taking and what condition the medication is for.						

31. What is the most and the least you have weighed in the past year? Most _____ Least _____

32. Date of last know tetanus (lockjaw) shot: _____/_____/_____

FOR WOMEN ONLY:

1. How old were you when you had your first menstrual periods? _____

2. In the past year, what is the longest time you have gone between menstrual periods? _____

Use this space to explain any of the above numbered YES answers to provide additional information:

<p>PLEASE TURN COMPLETE PACKET INTO ATHLETIC OFFICE ONLY</p>	<p>ATHLETIC OFFICE ONLY</p> <p>physical received by: _____ Date: _____</p> <p>Do not sign, date, or receive if physical is incomplete</p>
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PHYSICAL EXAMINATION RECORD

To be completed by a licensed professional.

This evaluation is only to determine readiness for sports participation. It should not be used as a substitute for regular health maintenance exams.

NAME	HEIGHT	WEIGHT
PULSE	BLOOD PRESSURE	HEMOGLOBIN (optional)
		UA (optional)
	NORMAL	ABNORMAL FINDINGS
		INITIALS
1. EYES		
2. EARS, NOSE & THROAT		
3. MOUTH & TEETH		
4. NECK		
5. CARDIOVASCULAR		
6. CHEST & LUNGS		
7. ABDOMEN		
8. SKIN		
9. GENITALS-HERNIA		
10. MUSCULOSKELETAL: ROM, STRENGTH, ETC.		
11. NEUROLOGICAL		

COMMENTS RE: ABNORMAL FINDINGS: _____

Participation Recommendations:

_____ Full & unlimited participation

_____ Limited participation - May not participate in the following (checked)

___Football ___Volleyball ___Soccer ___Cross Country ___Basketball ___Wrestling ___Swimming ___Baseball/Softball ___Tennis ___Golf ___Cheer

_____ Clearance Pending Documented Follow up of:

_____ No athletic participation

 Licensed Professional's Name (printed)

 Date

 Signature

 Phone

Parent/Guardian Permission & Release:

I hereby give my consent for the above student to engage in approved athletic activities as a representative of his/her school, except those indicated above by the licensed professional. I also give permission for the team physician, athletic trainer, or other qualified personnel to give first aid treatment to this student at an athletic event in case of injury.

 Parent/Guardian Name (printed)

 Signature

 Address

 Phone

 Date

ATHLETE INFORMATION SHEET

8th - 12th Grades Only

THE INFORMATION ON THIS SHEET WILL COMPLETE ELIGIBILITY REQUIREMENTS FOR ATHLETIC PARTICIPATION.
ALL INFORMATION IS CONFIDENTIAL

PRINT EXCEPT FOR SIGNATURE

NAME: _____ SCHOOL YEAR: _____ GRADE: _____
(FIRST) (MI) (LAST)

STUDENT ID #: _____ GENDER: M OR F

PHONE: _____

COMPLETE CURRENT ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

BIRTHDATE: _____ BIRTHPLACE: _____

MO & YR FIRST ENROLLED IN 8TH GRADE: _____ 9TH GRADE: _____

MO & YR FIRST ENROLLED AT RRMH: _____ RRHS: _____

SCHOOL ATTENDED LAST YEAR: _____

IF school attended last year was **NOT** in RRPS District, please give city & state _____

ARE YOU AN EXCHANGE STUDENT? YES NO

THE INFORMATION ON THIS FORM IS TRUE TO THE BEST OF MY KNOWLEDGE.

Athlete Signature

Date

Parent Signature

Date



**RIO RANCHO PUBLIC SCHOOLS
PARENT WAIVER & CONSENT TO USE OF STUDENT INFORMATION
& IMAGES ON THE RRPS WEBSITE**

Many programs, activities, and events taking place in the Rio Rancho Public Schools are of interest to the public. Often civic, athletic, educational, fine arts or other organizations are interested in learning about our students and programs. From time to time, we record digital images of students participating in these events and desire to share these with the community via our website (district or school levels) to provide information to the public about our programs and services.

Given the global nature of the internet, RRPS has policies that prohibit the posting of any student images or identifying information on our website without expressed written permission from the parent. It is our intent to aggressively protect student and family rights to privacy, and endeavor to publish student work and accomplishments on our site only as a means of sharing students' successes with our community. Please visit our website (www.rrps.net) to view our specific policies regarding the protection and sharing of student information (#326, #327) and our web policy (#479).

Consent to Use of Student Information on RRPS District Web Sites

The undersigned parent or legal guardian of (student name) _____, a student of the Rio Rancho Public School District (RRPS), agrees and consents to the posting of photographs or visual reproductions of the student in connection with regular and extracurricular activities on the district website. The undersigned understands that the use of any image is temporary and will not be stored by RRPS in any permanent archive (digital or otherwise).

The undersigned retains the right to refuse the posting of any particular image and to request the removal of any image at any time.

Signature of Parent or Legal Guardian _____ Date _____

RIO RANCHO ATHLETICS
ATHLETE EMERGENCY RELEASE AND CONTACT INFORMATION
RR Sports Medicine Department Copy

In the event that I, _____, parent/guardian of
(Print Full Name)
_____, _____ cannot be reached,
(Print Athlete's First and Last Name) (Date of Birth)

I hereby give my consent to the attending physician, athletic trainer, and/or coaches to secure and administer medical aid and ambulance service for my child. This authorization does not cover major surgery unless the medical options of two (2) licensed physicians/dentists concur for the necessity of such surgery.

Please print any allergies, illnesses and medications currently being taken:

Home, work & emergency phone numbers for parent(s)/guardian(s):

Home: _____ Work: _____ Cell: _____

Doctor's Name & Phone #: _____ Preferred Hospital: _____

Parent/Guardian Signature Date

Parent/Guardian:

This card will be given to and kept with the head coach for emergency information. Please be specific with all information and confirm the information on all 4 documents that must be turned in prior to try-outs. If any of the information given on any form changes, it is your responsibility to contact the Rio Rancho High School Athletics Office at 505-896-5800.

Office Use Only
Grade:
School Year:
Sports Indicated:

RIO RANCHO ATHLETICS
ATHLETE EMERGENCY RELEASE AND CONTACT INFORMATION
Coach's Copy

In the event that I, _____, parent/guardian of
(Print Full Name)
_____, _____ cannot be reached,
(Print Athlete's First and Last Name) (Date of Birth)

I hereby give my consent to the attending physician, athletic trainer, and/or coaches to secure and administer medical aid and ambulance service for my child. This authorization does not cover major surgery unless the medical options of two (2) licensed physicians/dentists concur for the necessity of such surgery.

Please print any allergies, illnesses and medications currently being taken:

Home, work & emergency phone numbers for parent(s)/guardian(s):

Home: _____ Work: _____ Cell: _____

Doctor's Name & Phone #: _____ Preferred Hospital: _____

Parent/Guardian Signature Date

Parent/Guardian:

This card will be given to and kept with the head coach for emergency information. Please be specific with all information and confirm the information on all 4 documents that must be turned in prior to try-outs. If any of the information given on any form changes, it is your responsibility to contact the Rio Rancho High School Athletics Office at 505-896-5800.

Office Use Only
Grade:
School Year:
Sports Indicated:

B. Insurance. I, the parent/guardian of _____, understand and acknowledge that the student must have adequate insurance coverage while the student participates in RRPS athletic practices or competitions. Please initial one of the following:

_____ My student has insurance through a private carrier, and proof of insurance coverage is attached to this Participation Contract.

_____ I elect to have my student covered by the insurance plan offered by Rio Rancho Public Schools. I agree to pay the nominal fee required to have my student covered by this insurance plan.

Parent/Guardian Signature

Date

Print Name

III. STUDENT ACTIVITY CODE OF CONDUCT

Student Activity Code of Conduct

A student's eligibility to participate in Rio Rancho Public Schools extracurricular activities is determined by compliance with this Student Activity Code of Conduct ("Code"), in addition to requirements set forth in RRPS Board Policy and NMAA rules and regulations as defined in Section II of this Athletic Handbook. The Code establishes eligibility criteria for students who participate in any and all extracurricular activities, including but not limited to athletics, music ensembles, debate, speech, cheerleading, pom-pom squads, drama, academic decathlon, and other school-sponsored performances and/or competitions. Participation in such activities is a privilege, not a right. Student performances and/or competition in extracurricular activities that contribute to a grade in an academic class are not subject to the provisions of this Code.

This Code is in effect on a year-round (12-month) basis and applies to both on- and off-campus conduct. Students and their parents/guardians are required to sign and submit the Athletic Code of Conduct and Participation Contract ("Participation Contract") as a precondition to the student's participation in extracurricular activities and/or athletics. By signing the Participation Contract, the student and his/her parents/guardians acknowledge and agree to the eligibility requirements set forth in the Athletic Handbook, as well as RRPS Board Policies, the Student Code of Conduct for the school in which the student is enrolled, the NMAA rules and regulations, and other state and local laws and regulations.

In addition to the consequences imposed by this Code, students may be subject to disciplinary action under the Student Code of Conduct for the school the student attends if the prohibited activity takes place at school or in connection with the student's participation in a school-sponsored activity. If the student's conduct violates state or federal law, the student may additionally be subject to prosecution by the appropriate authorities.

Conduct which violates this Code includes, but is not limited to, conduct or behavior in which the student:

1. Possesses, uses, consumes or distributes any tobacco products, alcoholic beverages, or other controlled substances (collectively referred to as "Prohibited Substances"). The term "controlled substances" means those substances identified in Schedules I through V of Section 202 of the Controlled Substances Act, 21 U.S.C. § 812 or its implementing regulations, 21 C.F.R. § 1308.11 to 1308.15, where the use of such substances is not authorized by law, not authorized by a valid prescription, and not supplements which have not been approved by the Food and Drug Administration (e.g., creatine, excessive caffeine use, etc.); considered the misuse of a legal substance, including, but not limited, to the use of prescription drugs that may affect an individual's ability to think and perform. In addition, "controlled substances" include barbiturates, anabolic steroids and other performance enhancing substances, cocaine (including crack), amphetamines, heroin, PCP, hallucinogens, certain prescription drugs, all look-alike drugs, and dietary
2. Engages in any Prohibited Activities set forth in RRPS Board Policy 336;

3. Engages or participates in conduct or behavior which may result in the arrest or conviction of a misdemeanor or felony. The failure of the legal system to arrest or prosecute a misdemeanor or felony does not preclude disciplinary consequences imposed pursuant to this Code; and

4. Engages in any other conduct or behavior which the student's coach or sponsor, Athletic Director, or Superintendent deems to be in violation of this Code or the spirit of interscholastic competition.

The types of prohibited conduct and consequences described herein are merely examples and described in order to provide guidance regarding the types of conduct which are prohibited and the types of discipline which may be imposed. Depending on the circumstances, coaches, sponsors, and administrators may impose different and/or higher consequence.

Level 1:

1. Possession, use, consumption, or distribution of tobacco products
2. Knowingly attending parties or events where Prohibited Substances, as defined in this Code, are being consumed. This provision does not apply to a student's mere attendance at family or social gatherings where the student is under the direct supervision of his/her parent or guardian. However, if it is determined that the student has consumed Prohibited Substances, the student will be subject to consequences based on the substance consumed and the provisions of the Code.

First Offense	Second Offense	Third Offense
<p>Five consecutive activity day* suspension from extracurricular activities beginning on the date sanctions are imposed plus. In addition, tobacco-related violations require the student to attend a tobacco-cessation class taken at the first available opportunity after the imposition of sanctions. If the student fails to take the class, he/she remains suspended from extracurricular activities until completion of the class. In the discretion of the coach or sponsor, students may participate in practices and may try out for other sports and activities during the suspension period, but cannot participate in games or competitions.</p>	<p>Forty-five (45) consecutive activity day* suspension from all extracurricular activities, beginning from the date sanctions are imposed, or the date on which the student is dismissed from the sport or activity in the discretion of the coach or sponsor. Students permitted by the coach or sponsor to remain on a team or organization may participate in practices and may try out for other sports and activities during the suspension period, but cannot participate in games or competitions.</p>	<p>One calendar year suspension from all extracurricular activities (practices and competitions), beginning from the date sanctions are imposed.</p>

Level 2:

1. Possession, use, consumption or distribution of Prohibited Substances outside of school and not connected to a school-sponsored activity.
2. Engaging in conduct which may result in the arrest or conviction of a misdemeanor, as defined by federal or state law. However, actual arrest, prosecution, or conviction of the student is not necessary in order for the student to be subject to discipline under this Code.

First Offense

Twenty (20) consecutive activity day* suspension from extracurricular activities beginning from the date sanctions are imposed, or date on which the coach or sponsor dismisses the student from the at the coach's or sponsor's discretion. Suspended students permitted by the coach or sponsor to remain a member of a team or organization may participate in practices and may try out for other sports and activities during the suspension period, but cannot participate in games or competitions.

Second Offense

Forty-five (45) consecutive activity day* suspension from all extracurricular activities, beginning from the date sanctions are imposed, or date on which the coach or sponsor dismisses the student from the sport or activity at the coach's or sponsor's discretion. Students permitted by the coach or sponsor to remain a member of a team or organization may participate in practices and may try out for other sports and activities during the suspension period, but cannot participate in games or competitions.

Third Offense

Permanent suspension from all extracurricular activities or sports. For students in grades 7-8, coaches and sponsors have discretion to modify this consequence after one full year of suspension, starting from the date on which the student was suspended, if the student and parent/guardian can demonstrate that the student has changed his/her behavior and can participate successfully in the sport or activity.

Level 3:

1. Driving while intoxicated as defined under federal and state law
2. Possession, use, consumption, or distribution of Prohibited Substances at school or in connection with a school-sponsored activity
3. Weapons possession as defined by federal law and RRPS Policy #347
4. Engaging in conduct which may result in the arrest or conviction of a felony, as defined by federal or state law. However, actual arrest, prosecution, or conviction of the student is not necessary in order for the student to be subject to discipline under this Code.

First Offense

Forty-five (45) consecutive activity day* minimum suspension from all extracurricular activities, beginning from the date sanctions are imposed, or date on which the coach or sponsor dismisses the student from the at the coach's or sponsor's discretion.

Second Offense

One calendar year suspension from all extracurricular activities, beginning from the date sanctions are imposed.

Third Offense

Permanent suspension from all extracurricular activities or sports. For students in grades 7-8, coaches and sponsors have discretion to modify this consequence after one full year of suspension, starting from the date on which the student was suspended, if the student and parent/guardian can demonstrate that the student has changed his/her behavior and can participate successfully in the sport or activity.

*An activity day is a day on which a student is scheduled to participate in practices, rehearsals, meetings, games, performances, competitions, or other events connected to his/her participation in the extracurricular activity. (For example, if no practices or competitions in the student's sport or activity are scheduled on that day, this is not an activity day and is excluded from the calculation of the number of days the student must serve to complete his/her suspension.)

If there is not a sufficient amount of time remaining in the scheduled season to fulfill the terms of the disciplinary consequence imposed, the discipline imposed shall be carried over to the tournament series, if applicable, and to the next sport or extracurricular activity in which the student would otherwise participate. A season is defined as commencing with the first day of practice and

concluding with the last contest or performance. If a student engages in Prohibited Conduct when school is not in session, or if the student is not currently participating in an extracurricular activity or sport at the time that a student's violation of Prohibited Conduct is determined to have occurred, the disciplinary consequences will be carried over and apply to the next extracurricular activity or sport in which the student wishes to participate. It is the student's sole responsibility to notify his/her coach or activities sponsor/director that the violation occurred prior to the start of the season or when school is not in session.

If a student is disciplined by RRPS for reasons other than conduct that is covered by this Code, the student shall be suspended from his/her extracurricular activity or sport for the same duration as the discipline imposed by the RRPS authority.

The consequences described herein represent the **MINIMUM** disciplinary consequences imposed by RRPS. Greater disciplinary consequence may be imposed, including expulsion from the extracurricular activity or sport, based upon the severity of the student's violation. In addition, individual team rules and requirements may impose more severe sanctions, in which case the more stringent consequence shall be imposed.

- 3. Consent and Agreement to abide by District Policies, NMAA regulations, Code of Conduct, and other Eligibility Requirements as a Condition of Participation.**
 - A.** The student agrees to follow and abide by all District policies, NMAA regulations, and Athletic Handbook requirements, including Code of Conduct outlined therein, both on- and off-campus, on a year-round (12 month) basis, beginning the first day of practice for the fall season and continuing each day through the first day of the fall season for the subsequent year.
 - B.** The student agrees that, in order to participate, the student must have passed a minimum of four classes and maintain a 2.0 grade point average on a 4.0 scale, either cumulatively or for the grading period immediately preceding participation and fulfill attendance requirements, as required by District policies, NMAA regulations and, the RRPS Athletic Handbook.
 - C.** The student agrees that he/she shall not possess, consume, or distribute any tobacco products, alcoholic beverages, other controlled substances or other performance enhancing substances, including in the term "Prohibited Substances," as defined in the RRPS Athletic Handbook, at any time, whether on- or off-campus, during the term of this Participation Contract. In addition, the student understands and agrees that he/she shall not knowingly attend any parties or events where Prohibited Substances are being consumed, except as provided in the Athletic Handbook.
 - D.** The student understands and agrees that he/she shall not engage in any behavior which results in the arrest or conviction of a misdemeanor or felony.
 - E.** The student understands and agrees that he/she is expected to engage in sportsmanlike behaviors, as outlined in the Athletic Handbook, demonstrate loyalty to the team and school and respect for all officials and competitors, during all practices and competitions. The student agrees that he/she shall not engage in behaviors which are unsportsmanlike, demeaning to others or abusive, such as tolerating or participating in hazing, bullying, intimidation, use of profanity or immoral conduct.
 - F.** The student expressly accepts responsibility and care of all athletic equipment issued and shall provide for its proper care, storage and return to the school. The athlete shall pay for all equipment not turned in at the completion of the season and may be required to pay for any equipment that is intentionally damaged.
 - G.** The student understands and agrees that his/her violation at any time, whether on or off-campus or during or outside of a particular sports season of any District policies, NMAA regulations, or requirements outlined in the RRPS Athletic Handbook, including but not limited to the behaviors and conduct listed in this Participation Contract, shall result in disciplinary consequences which include, but are not limited to, suspension or expulsion from current and/or future participation in the District's athletic program.

